

## Get busy with Activity Time!

### Be Careful, Xiao Xin!

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Themes: Courage, Bravery, Worry, Fear, Confidence, Self-Esteem

Activity age: Early Years, Lower Primary

### I feel brave when...

#### You will need:

- A template (attached) or A4 blank paper one per child
- Coloured pencils or markers

Think of a time when you've felt brave. It might be when you've tried something new that you've never done before, or when you've overcome a fear or a worry about something.

Use the template attached to draw a picture and write a short description of your bravery.

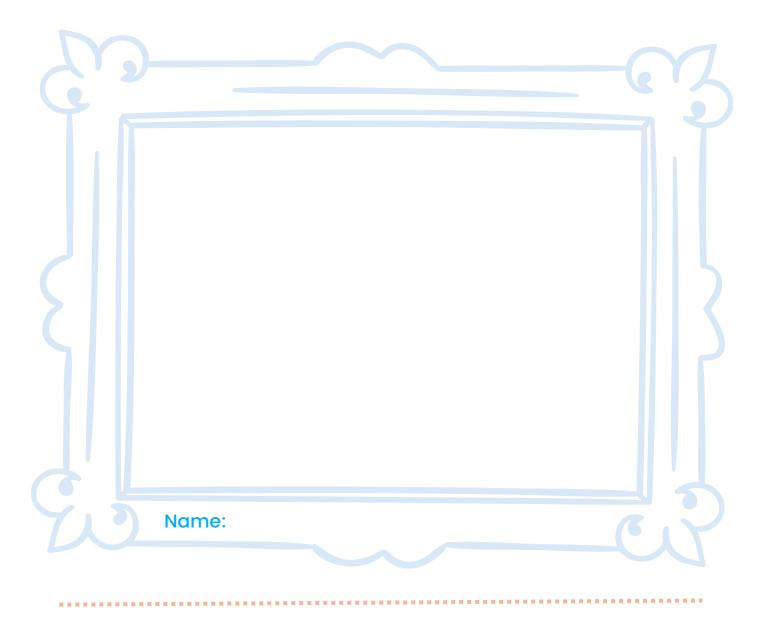
For younger learners, you may like to instead set up a sharing circle and invite the children to share a time when they've felt brave.







# I feel brave when...



I am brave

